

# The L@m3ne55 of Passw0rds: Notes from the field

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# Previously

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- Presented at various conferences including BlackHat and other smaller conferences in Europe
  - Exploitable vulnerabilities security appliances
  - Enumerating internal security products/policy externally



# What we are covering today

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- The experience of breaking into networks and applications with a variety of password attack tools and techniques
  - only a tiny part of what we do... but...
- What works and why
- Demos
- Advice



# Password Attacks are not new, but...

- Things are much the same for the defender
  - Adoption of 2FA is slow and compartmentalised
  - Users choose passwords
- Regular iterative improvements for the attacker
  - New attack techniques
  - Improved tools and frameworks
  - Improved methodology and resources
  - Moore's law of processor improvements
  - Network bandwidth improvements
  - Tor and botnets



# External Demo



# External Enumeration and Attacks

- External enumeration
  - Password dictionary data
  - Internal usernames, hostnames and IP addresses
  - Email addresses, and formats
  - LinkedIn, Facebook etc.
- Attacks
  - Web applications with password authentication
  - VPN, Portals etc
  - Phishing (fake portal, outlook web access, whatever)



# Demo External Enumeration



# Demo External Attack





# Account lockout != Brute-force protection

- Password policy + account lockout + timeout
  - Temporary locks often lead to user enumeration
  - Attacker would likely gain access to the application
- Password policy + account lockout + manual reset
  - Attacker could gain access to the application if they can enumerate enough real users separately
  - Account lockout DoS
- Password policy + account lockout + timeout + brute-force protection
  - Can be very resilient, but unauthorised access may still be possible



# Internal Demos



# Internal Domain 1: Initial access

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- Unauthenticated enumeration
  - Find the DCs, Workstations and Servers
- Low hanging fruit
  - Weak credentials: admin/admin, anonymous ftp and shares, snmp public/private, sa/<blank>, tomcat jboss
- Unauthenticated attacks
  - Enumerating users
  - Collecting hashes with NetBIOS/NBNS Spoofing
  - Small targeted password attack



# Demo Phase 1



## Internal Domain 2: Authenticated enumeration

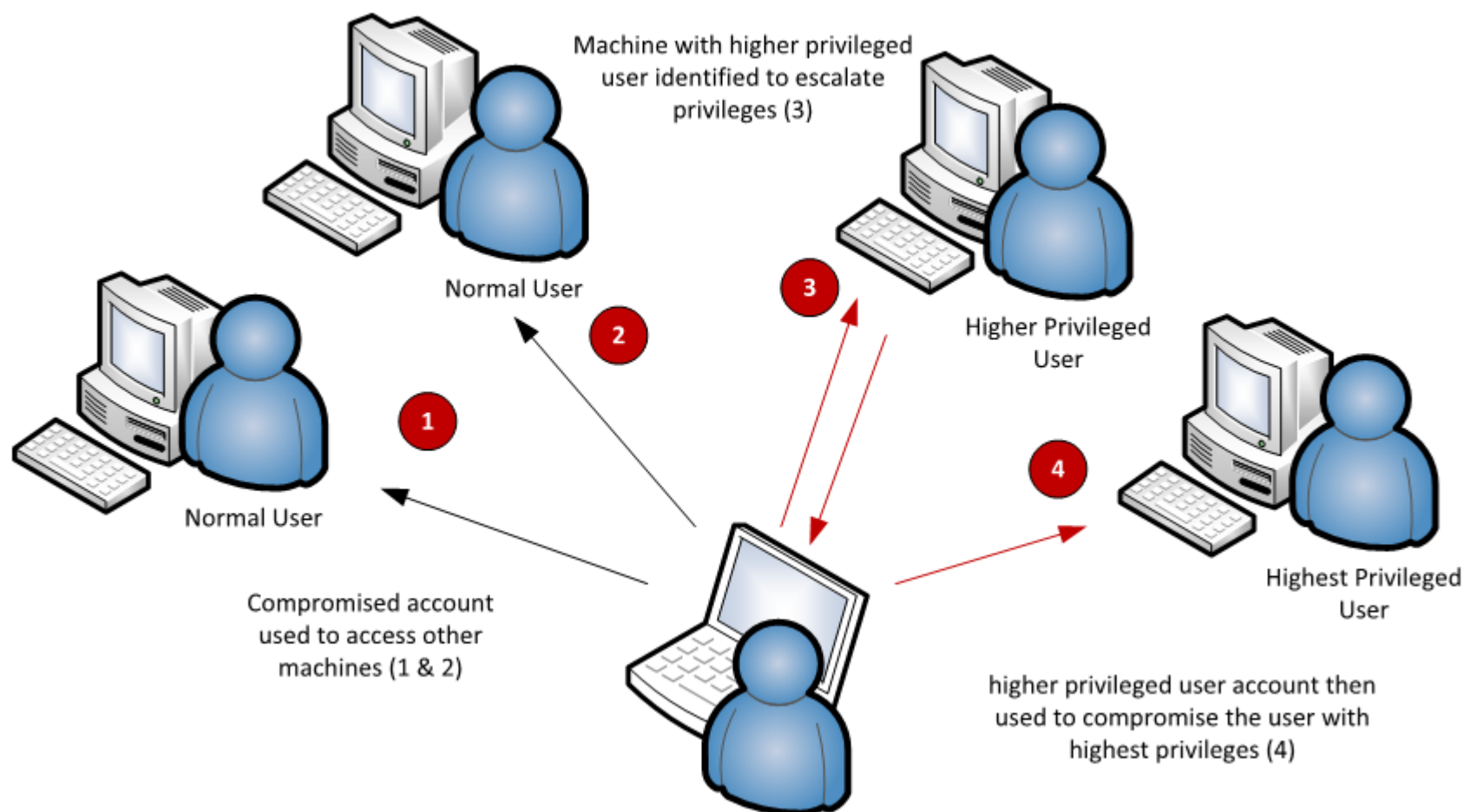
- Authenticated enumeration
  - Identify password policy
  - Identify all users, administrators and systems
- Moderate targeted password attack
- For the credentials we have
  - Where can we login?
  - What access do we have?
- Collecting more credentials
  - Hashes
  - Plaintext passwords



# Demo Phase 2



# Hopping from system to system



# Internal Domain: Getting Domain Admin

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- Have a coffee and repeat
  - Iterative process
  - Workstations > Servers > Domain controller
  - Scale makes it easier
- Keep going...
  - Where can we login?
  - What access do we have?
  - Collect more credentials
  - Repeat





## Internal Domain 3: Beyond Domain Admin

- Active Directory Passwords
  - Dumping and cracking hashes
- What about the ones I can't crack?
  - Find where the admins are logged in
  - In memory Mimikatz DLL injection
- Now we have lots of passwords: Hit the other infrastructure
  - Firewalls, switches, routers, appliances
  - Basically everything, but how far do you want to go?



# Demo Phase 3



# Access all areas

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- Domain Admins, and all user hashes
  - Can reuse hashes, don't need to crack
  - Krbtgt hash – Golden ticket attack
- Cracking passwords, to compromise non-Windows resources
  - Unconnected Web applications
  - Appliances, network kit, other infrastructure
  - Third party systems



# Password Stats from Real Tests

- This is a representative composite example from several tests

Top 10 passwords	Number
Welcome123	53 (5.8%)
Password1	15 (1.6%)
Changeme2013	10 (1.1%)
<obscure complex password>	9 (1.0%)
<football team>	8 (0.9%)
Monday1	8 (0.9%)
password	7 (0.7%)
<company reference>	6 (0.6%)
P@ssw0rd1	6 (0.6%)
Summer2014	5 (0.5%)



# What about password policy

- What are the important factors in password policy?

Policy	Security Setting
Enforce password history	24 passwords remembered
Maximum password age	42 days
Minimum password age	1 days
Minimum password length	7 characters
Password must meet complexity requir...	Enabled
Store passwords using reversible encr...	Disabled



# Hash cracking process

- A structured process gets results fast

Wordlist

Wordlist +  
rules

Markov

Character  
patterns

Rainbow  
tables

Full brute-  
force

- Wordlists are huge, and based data from real compromises
- (Many millions of real users passwords)
- Character patterns – most statistically relevant first
- Crack speed depends on hash algorithm



# Statistical analysis of passwords

- 50% passwords follow 13 basic rules
- For example
  - ?l?l?l?l?l?l?l
  - ?u?l?l?l?l?l?n
  - ?u?l?l?l?l?l?l?n
  - ?u?l?l?l?l?n?n?n?n
- Good resources for further reading:
  - <http://www.praetorian.com/blog/statistics-will-crack-your-password-mask-structure>
  - <http://wpengine.com/unmasked/>
  - <http://www.datagenetics.com/blog/september32012/>



# How real users interpret password rules

“Passwords must contain at least 1 upper, 1 lower, 1 number, and be at least 7 characters long”

- Take a base word of 6, 7 or 8 characters
- Chose only one upper
- Make first character upper
- Add numbers on the end (one, two, or four numbers)
- Or, substitute numbers and symbols for letters which look like numbers and symbols (“P@ssw0rd!”)
- For password changes, users increment the number: “Manunited1!”, “Manunited2!”, “Manunited3!” ...





# NCC Group: Passcrack

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- Two nodes, approximately £2500 for hardware
  - Each about the price of a fast gaming machine
  - + 1 Consultants time for building it
  - Currently using 5 graphics cards between the two
  - Not “nation state” level by any means





# NCC Group: Passcrack

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- Up to 100 billion password guesses per second
- Do you think your current password would be resilient?
- Do you think you could choose one that is?



## How you could interpret password rules

“Passwords must contain at least 1 upper, 1 lower, 1 number, and be at least 7 characters long”

- Take two or three base words (10 – 15 characters, more?)
- Chose multiple upper and spread them around
- Put your numbers in different places
- Don't use predictable L337spe@k
- When you need to change your password, actually change the base words, and use different base words for each application/site
- Examples: “£\$9ThisisNotharD”, “doesnothAvetobe2cOmpler”





# Make Password Attacks Harder (Top 10)

- 2FA or brute-force protection on external apps/portals
- Increase the length of passwords to 10+
  - Include user education
- Remove low hanging fruit
  - Weak credentials: admin/admin, anonymous ftp and shares, snmp public/private, sa/<blank>, tomcat jboss etc.
- Remove all legacy Windows systems: 2000, XP, 2003
- Regularly identify and disable unused user accounts
  - Ongoing maintenance task
- No service accounts in “Domain Admins” group
  - Membership of this group should be very restricted



# Make Password Attacks Harder (Top 10)

- Mitigate NBNS spoofing
  - <http://www.leonteale.co.uk/netbios-nbns-spoofing/>
- No common local administrator account passwords
  - Microsoft LAPS:
  - <https://technet.microsoft.com/en-us/library/security/3062591.aspx>
- Active Directory password audit
  - Remediate accounts with weak passwords
- Internal network segregation
  - Separate Workstations from Servers (internal filtering)
  - Host-based firewalls
- Don't give users "local administrator" access



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For more information see  
nccgroup blog post



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